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Flanders 2021 –Time Trials

The time trials from Knokke-Heist to Bruges present the riders with a true time trial course. The start is practically in the North Sea and with a stretch along the seafront and through the centre of Knokke-Heist it will draw the necessary attention to our Flemish coast. After that, we will move on through the open plains, where the wind will have its way along the canals towards the picturesque Damme. The finish is on 't Zand in Bruges, but not before getting a bit of a taste of the atmosphere of the historic city centre.

Individual Time Trials Knokke-Heist – Bruges

All the time trials of the 2021 World Championships in Flanders will start in Knokke-Heist. The starting ramp will be erected on the North Sea beach, by the casino, after which all riders, except for the Junior Women, will follow the seafront for 1.5 km going east.

The maximum distance for the Junior Women time trials has been set in the UCI's regulations. In order to put up all categories in the same accommodation, an exception to this rule was requested and granted. However, to get as close as possible to the statutory maximum distance, they will follow the shortest route in the direction of Bruges.

After the seafront, the riders will cross the centre of Knokke-Heist with a stretch along the Dumortierlaan and Lippenslaan. The decision has been made to leave the centre of Knokke-Heist via the Abraham Hansplein and Knokke station and to then ride along the Natiënlaan in the direction of Westkapelle. In Westkapelle, we end up in the open plains where the wind will have its way along the Oostkerkestraat-N374. By the Oostkerkebrug, the U23 men, Elite Men and Women, will turn right to follow the Leopold Canal northbound. The canals and waterways lined by the typical trees that have been cast at a slant by the prevailing winds will form the backdrop for the time trial course several times.

The Junior Women and Men will continue cycling straight for a bit longer to then split again 1.5 km further down, leaving the Junior Men to ride towards Damme and the Junior Women to continue to follow the shortest route towards Bruges.

After the Leopold Canal, the elite categories and the U23 men will turn left onto the Zelzatebrug. After 4 km, in the centre of Dudzele, the Elite Women and U23 men will turn left to ride in the direction of Damme. However, the Elite Men will cross Dudzele and turn right towards the Baudouin Canal, from where they will follow the Lodewijk Coiseaukaai for 5 kilometres that are virtually as straight as an arrow. After taking the wide U-bend next to the Baudouin Canal, the Elite Men will ride back in the direction of Dudzele, where there will be a double section covering 200m. After the second section through Dudzele, the Elite Men's course will reunite again with the Elite Women and U23.

From Dudzele it is 5 km to picturesque Damme, where all categories, with the exception of the Junior Women, will follow the Damme Canal towards Bruges for another straightforward 5 km. Leaving Damme Canal behind, all categories, with the exception of the Elite Men, will follow the ring road in Bruges towards the finish in front of the Concert Building on 't Zand. However, the Elite Men will pay a brief visit to the historic centre of Bruges, with a stretch over the Dampoort along the Langerei, to ride back to the ring road via the Julius and Maurits Sabbestraat and finish on 't Zand.





Team Time Trial Mixed Relay

The concept of the Team Time Trial Mixed Relay was introduced for the first time at the Road World Championships in Yorkshire in 2019. Mixed national teams of 3 men and 3 women compete with each other in a team time trial. The men's teams set off first, and as soon as the men finish, the 3 women start. The team with the lowest overall time wins the Team Time Trial Mixed Relay.

During the 2021 World Championships in Flanders, the men's teams will start in Knokke-Heist and ride towards Bruges. They finish after 22.5 km in Bruges when the women's teams take over for a course of 22 km starting and finishing in Bruges.

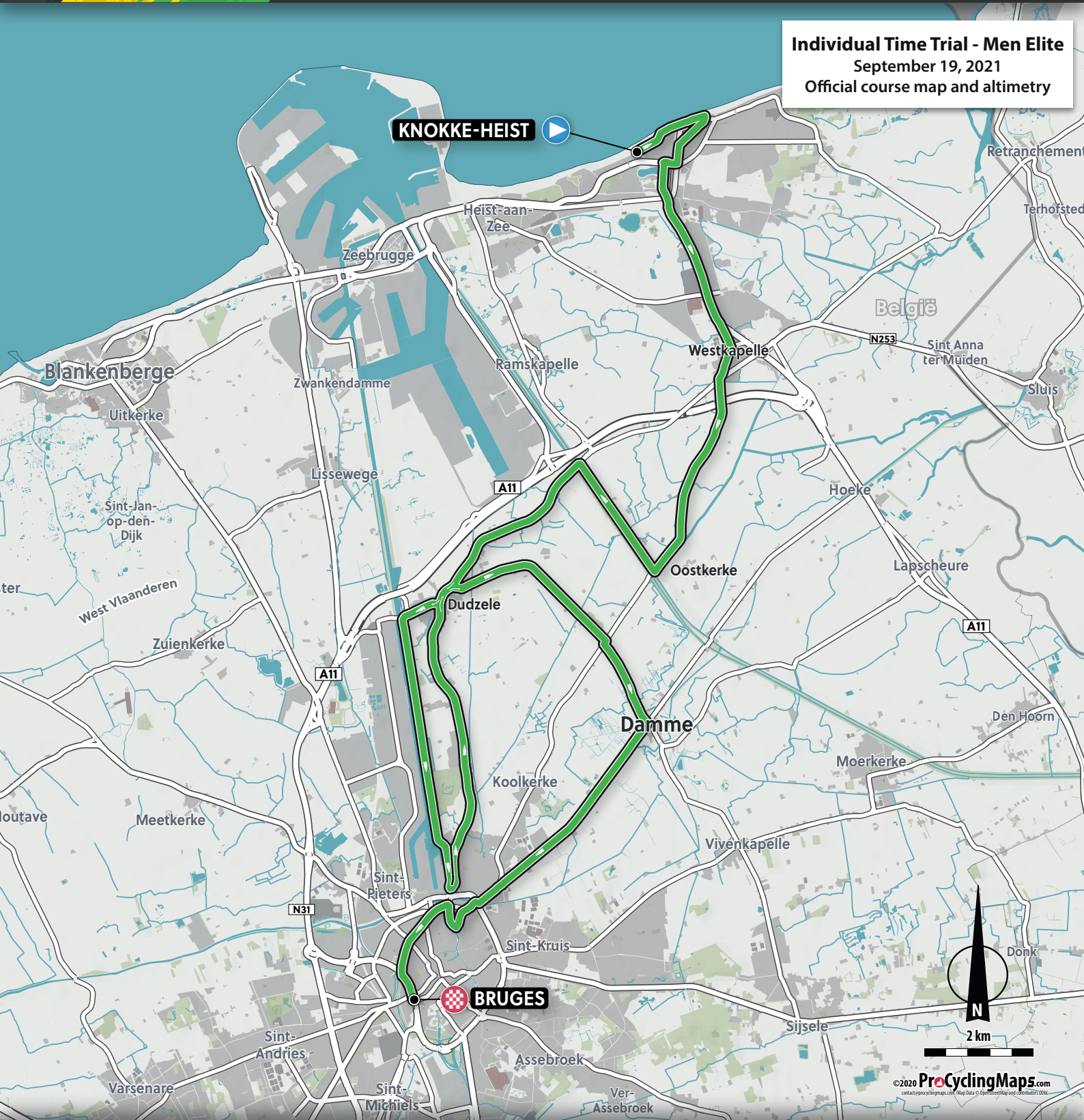
The course will broadly dovetail with the course of the Elite Men time trial. It follows the exact same course as the individual time trials from the start in Knokke. However, in Westkapelle we will immediately ride towards Dudzele and skip the stretch along the Leopold Canal. In Dudzele, we take the opposite direction to the Elite Men on the N376 towards Bruges. As soon as we hit Bruges, the men's teams will turn right on the ring road to complete their remaining two kilometres in the direction of the finish on 't Zand. The women's teams then take over and leave Bruges via the ring road, but not before they also briefly cross through the city centre, it's an identical course to the Elite Men's but in the opposite direction. After the course through the historic centre, they will follow the Damme Canal towards Damme to take another left there towards Dudzele.

In Dudzele, they will follow the same route as the men's teams towards Bruges. So, there is a double section from Dudzele, in the same direction. By making sure that the men's teams in Knokke start at specific allotted times, in different waves, we avoid that the men's and women's teams arrive in Dudzele at the same time. The women's teams will also finish on 't Zand in Bruges.

The Team Time Trial Mixed Relay will conclude the time trial section of the Road World Championship in Flanders on Wednesday 22nd September 2021.



Individual Time Trial - Men Elite
September 19, 2021
Official course map and altimetry

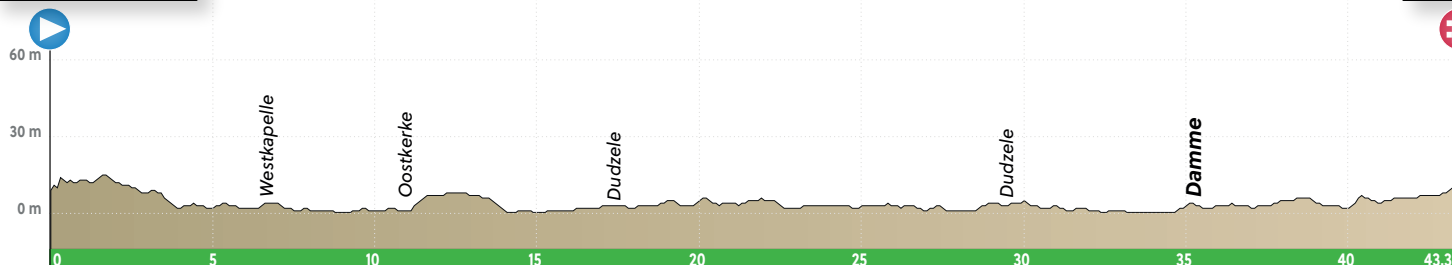


KNOKKE-HEIST

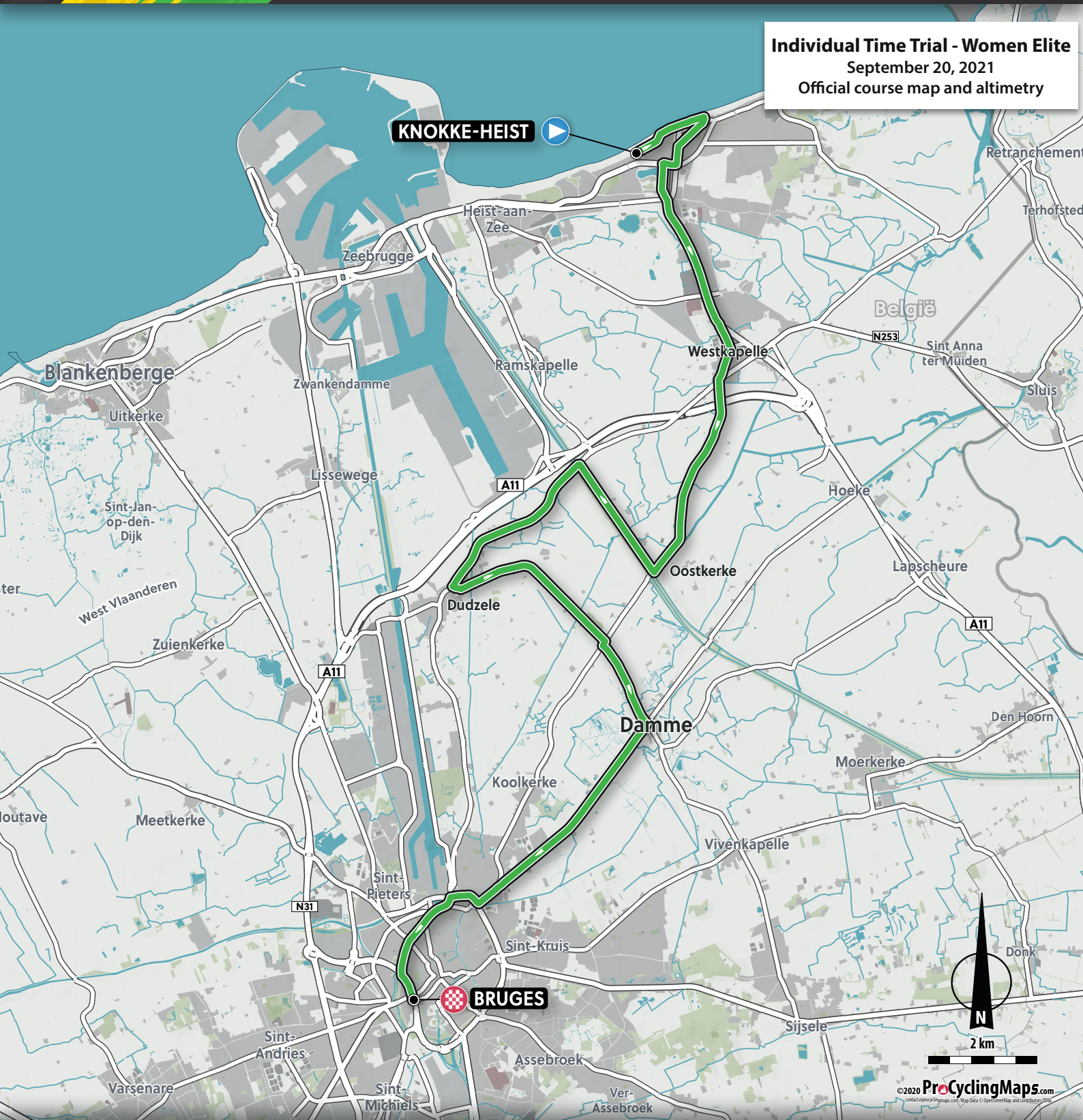
Course profile

Distance : 43.3km / Total Elevation : 78m

BRUGES



Individual Time Trial - Women Elite
September 20, 2021
Official course map and altimetry

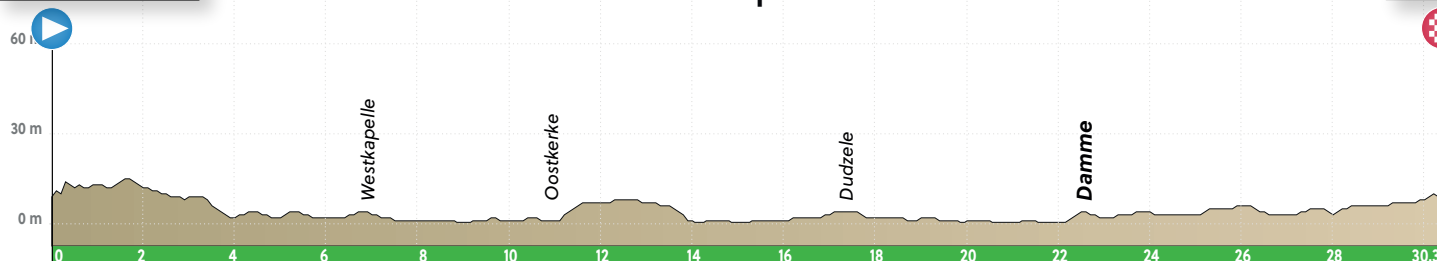


KNOKKE-HEIST

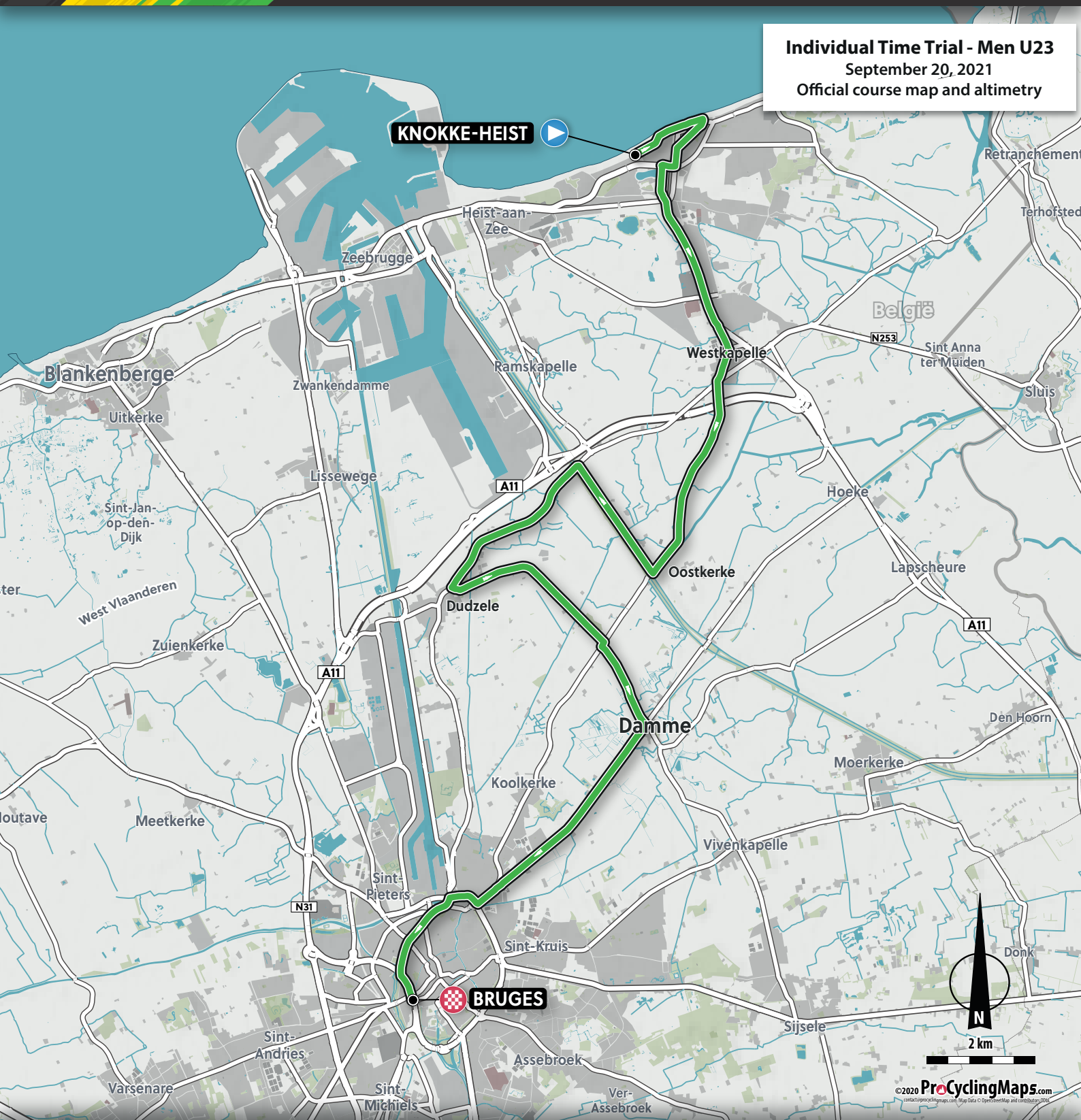
Course profile

Distance : 30.3km / Total Elevation : 54m

BRUGES



Individual Time Trial - Men U23
September 20, 2021
Official course map and altimetry

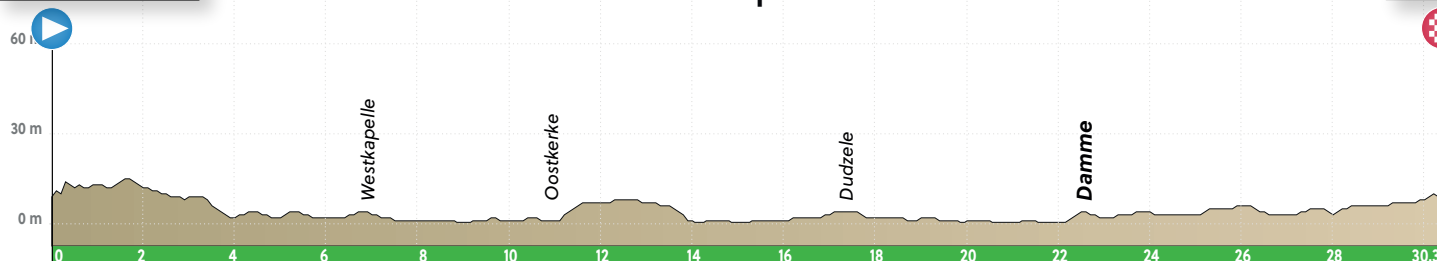


KNOKKE-HEIST

Course profile

Distance : 30.3km / Total Elevation : 54m

BRUGES



Individual Time Trial - Men Junior
September 21, 2021
Official course map and altimetry

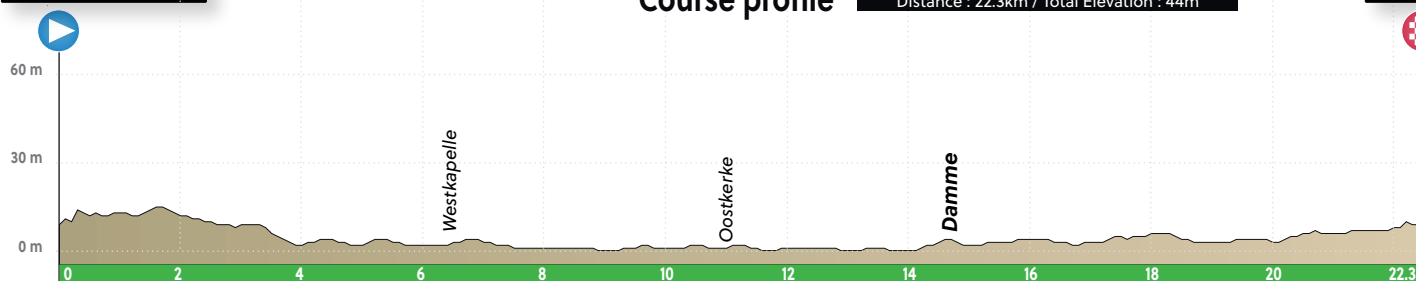


KNOKKE-HEIST

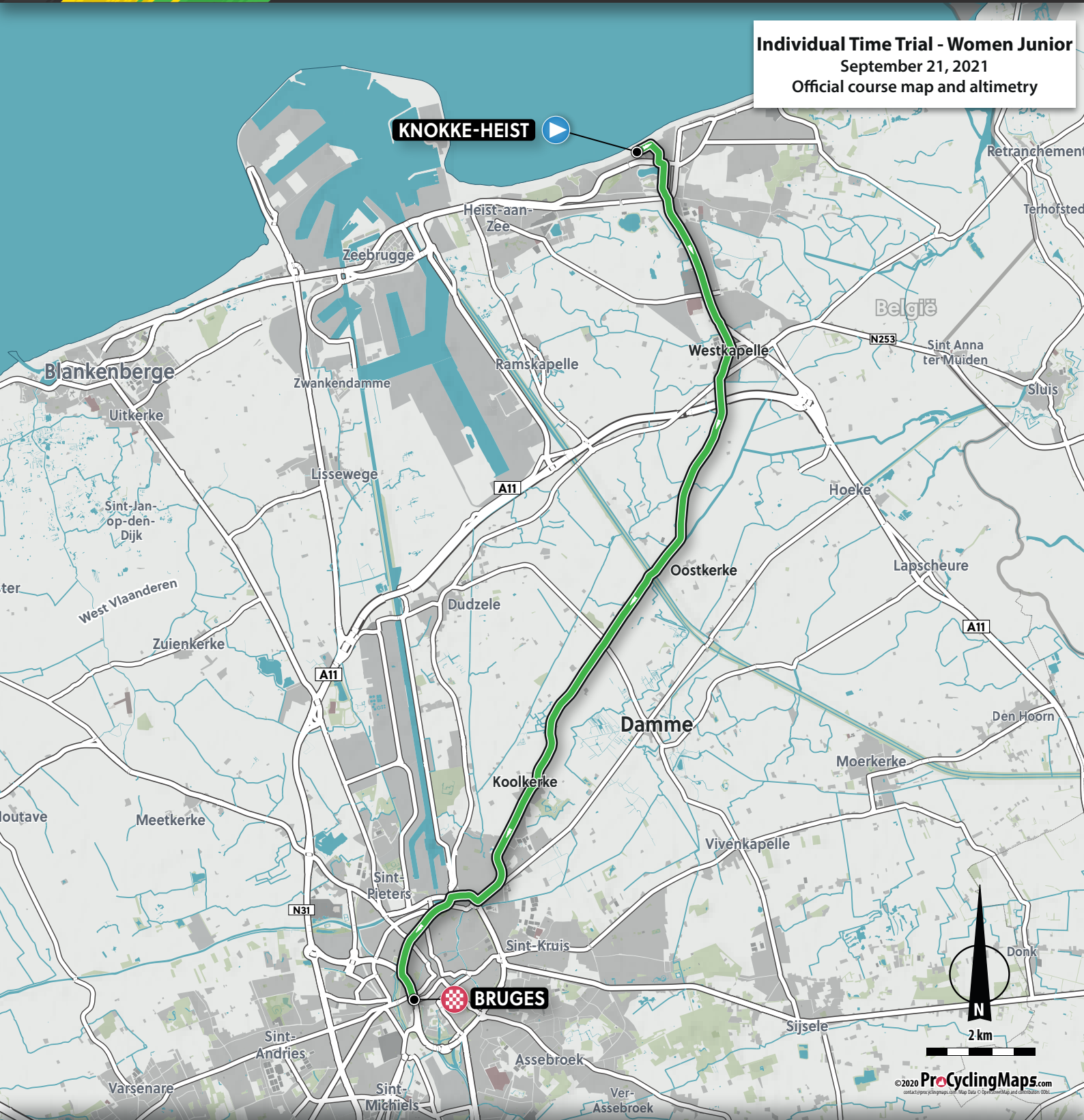
Course profile

Distance : 22.3km / Total Elevation : 44m

BRUGES



Individual Time Trial - Women Junior
September 21, 2021
Official course map and altimetry

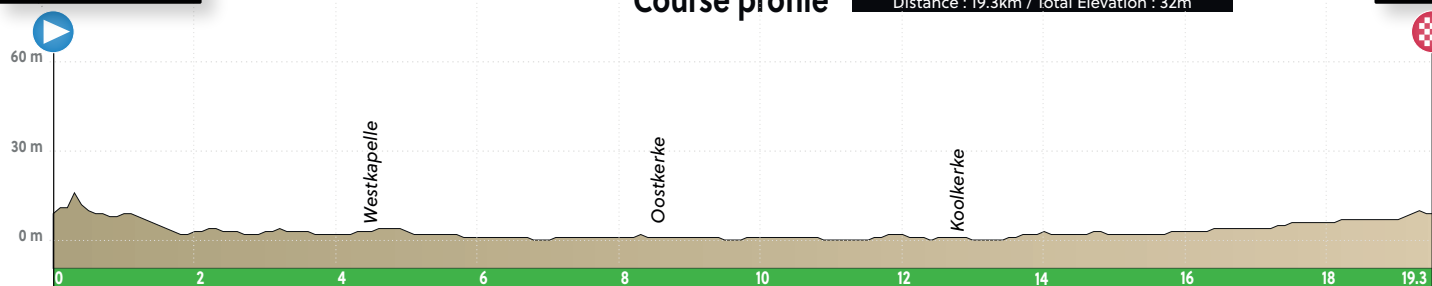


KNOKKE-HEIST

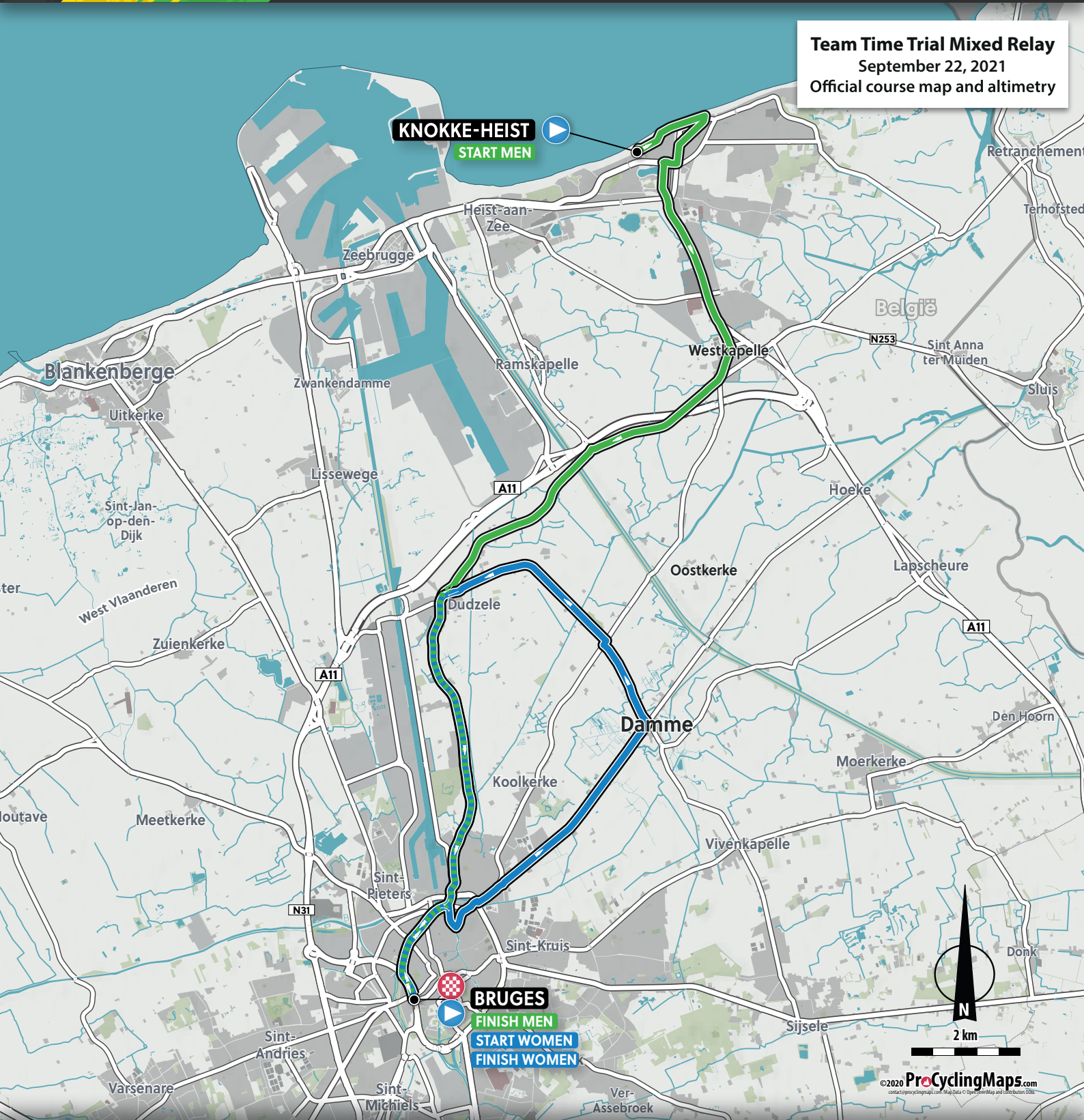
Course profile

Distance : 19.3km / Total Elevation : 32m

BRUGES



Team Time Trial Mixed Relay
September 22, 2021
Official course map and altimetry

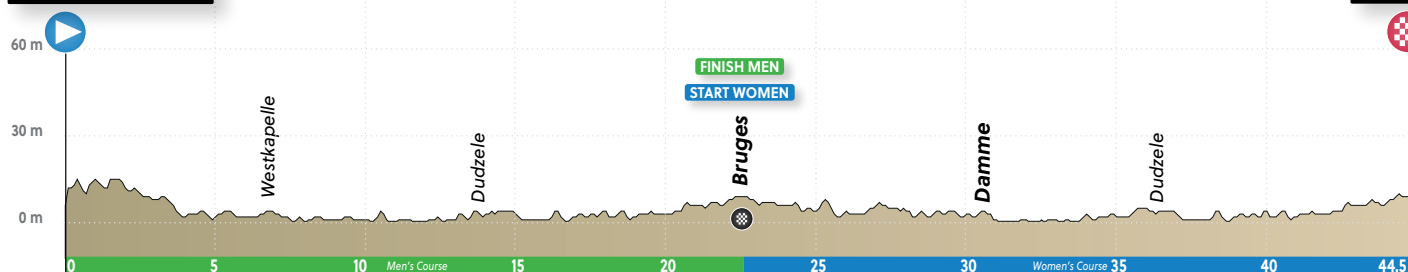


START MEN
KNOKKE-HEIST

Course profile

Distance : 44.5km / Total Elevation : 129m

FINISH WOMEN
BRUGES



COMPETITION SCHEDULE**Saturday 18 September 2021****Training**

- ◆ Team Time Trial Mixed Relay & ITT Training - Knokke-Heist - Brugge

Sunday 19 September 2021**Individual Time Trial**

- ◆ Men Elite Individual Time Trial - Knokke-Heist - Brugge

Monday 20 September 2021**Individual Time Trial**

- ◆ Men Under 23 Individual Time Trial - Knokke-Heist - Brugge
- ◆ Women Elite Individual Time Trial - Knokke-Heist - Brugge

Tuesday 21 September 2021**Individual Time Trial**

- ◆ Women Junior Individual Time Trial - Knokke-Heist - Brugge
- ◆ Team Time Trial Mixed Relay Training - Knokke-Heist - Brugge
- ◆ Men Junior Individual Time Trial - Knokke-Heist - Brugge

Wednesday 22 September 2021**Team Time Trial Mixed Relay**

- ◆ Team Time Trial Mixed Relay - Knokke-Heist - Brugge